



United Kingdom Association for Psychotherapy Integration

Trans, Non-binary and Gender Questioning People and Psychotherapy

Presented by **Amanda Middleton**

Saturday 20 October 2018, NCVO London

Workshop Programme:

9:30 – Registration & coffee
10:00 - Exploration of the themes: working alongside trans, NB and gender questioning folks
10:30 - The differences and intersections of sex, gender and sexuality
11:00 - Language and terminology
11:30 - Tea Break
11:45 - Current contexts for therapy: what can guide us in the work
12:30 - Gender Theory 101: how models of gender show up in the room
1:00 - Lunch
2:00 - Responding to discrimination
2:45 - What is good practice
3:15 - Team Break
3:30 - How to ask: experiential exercise
4:30 - Summary and Close
5:00 - Close