In this current political climate, evidence of/for the effectiveness of psychotherapy is a much used phrase and means different things to different professional groups. Whatever each of us thinks and feels about the effectiveness debates, each of us needs, in my view, to have a framework for critically reflecting on the effectiveness of our form of psychotherapy practice with reference to these broader debates.

This interactive workshop will offer an introduction to different ways that effectiveness is understood and give a taste of some of the current debates about effectiveness. With these in mind there will be time to consider how we might develop our own evidence based maps for critically reviewing our practice.

**Katherine Murphy** is an Integrative psychotherapist in private practice in West London and longstanding educator and supervisor of Integrative practitioners. She is actively involved in the UKCP, particularly in relation to statutory regulation, and is co-editor with Maria Gilbert of *The British Journal of Psychotherapy Integration*. 
Katherine Murphy

Critiquing Effectiveness: a necessary aspect of self-reflexive practice

Application Form

Name:
Address:
Postcode:
Telephone Number:
Email Address:
Training Institute:
Any dietary requirements:

Would you like details about access?

The cost of the workshop including lunch is £80 for non-members, £70 for UKAPI members. Send your cheque made payable to UKAPI to:

Cynthia Ransley,
3 Binden Road,
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