Divine Symmetry: the Transpersonal as Grace and Terror

14th October 2007, 10am to 4.30pm

Senate House, Malet Street, London WC1E 7HU

The transpersonal can be experienced as both graceful and terrifying moments when the 'divine symmetry' (or the 'within-ness of God') makes itself known to ego consciousness. During this workshop we will initially explore the history and nature of the transpersonal and (re-)visit key theoreticians of the transpersonal. Throughout this workshop we will attempt to relate these notions to integrative clinical practice.

The Dethronement of the Judeo-Christian God; Redeeming the Transpersonal in the Therapeutic Endeavour; Transpersonal Voices in the Wilderness, Developmental Ego and the Transpersonal Self: an Integrative Frame

This workshop will include didactic and experiential learning. Participants are invited to bring case examples, including dreams (or indeed their own dreams) to reflect upon in the small group work slots.

Steven Smith is a UKCP Registered Integrative Psychotherapist. He is interested in the challenges of integrating a psycho-spiritual approach to the client. This approach respects the deficits, traumas and conflicts of the ‘developmental ego’ upon the present and honours the therapeutic opportunities provided by the ‘transpersonal self’ upon the here-and-now. He maintains a private practice in Fulham. He is a trainer and works as an integrative and transpersonal supervisor, and is presently researching the interface between spirituality and sexuality. He is co-editor of the British Journal of Psychotherapy Integration’s current edition 'Reclaiming the Transpersonal in the Psychotherapeutic Endeavour'