



*Karen Maroda Ph.D.*

## **Interactive Relational Techniques: Clinical Applications of Cutting-edge Theory and Research**

9th March 2006, 10am to 4.30pm  
**Senate House**, Malet Street, London WC1E 7HU

Psychoanalytic theory has changed dramatically in the last twenty years. The two-person approach has replaced Freudian theory as the dominant paradigm. The concepts of mutuality and co-created reality have displaced neutrality and the all-knowing analyst. But where are the new techniques that accommodate these dramatic changes? How do analytic clinicians behave differently now that they are more aware of the impact they are having on their patients? If the patient's interest in the therapist is no longer simply a matter of resistance, how do we respond differently than analysts who practiced decades ago?

Changing technique remains a controversial topic in the analytic world. Self-disclosure and analysis of the countertransference, behavioural feedback, and advice are often categorized as self-indulgent and anti-analytic, yet this flies in the face of research and much clinical experience. Most often therapists say they are reluctant to make changes because they are not sure about what works and what doesn't and why.

This workshop, led by Karen Maroda Ph.D. addresses the theory and research, particularly in the areas of affective communication, attachment and on the biology of change. Her clinical guidelines incorporate this research with responding to the patient's cues. She provides numerous clinical examples and asks participants to come ready to interact and talk openly about how they really work.

**Karen J. Maroda**, Ph.D. is Assistant Clinical Professor of Psychiatry, Medical College of Wisconsin and in private practice in Milwaukee, Wisconsin, USA. She is the author of *The Power of Countertransference and Seduction, Surrender and Transformation: Emotional Engagement in the Analytic Process*, both from The Analytic Press.