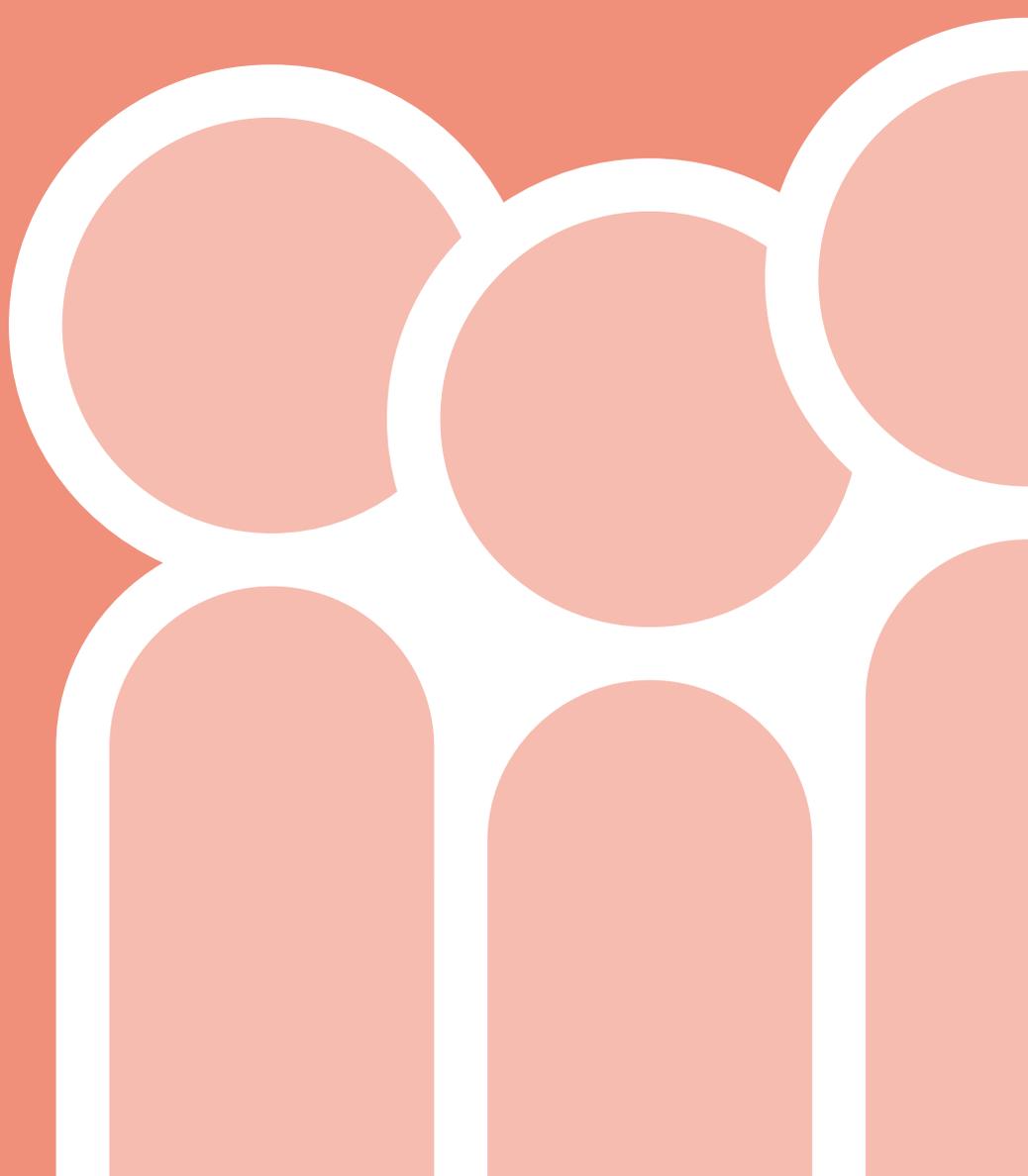


*Volume 10, Issue 1 (2013)*

## **Various Facets of the Integrative Endeavour**

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## The British Journal of Psychotherapy Integration

### Introduction

The British Journal of Psychotherapy Integration is the official journal of the United Kingdom Association for Psychotherapy Integration. It is published twice a year.

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*Editorial*

## Various Facets of the Integrative Endeavour

The journal offers a place where integrative psychotherapists of very different persuasions can articulate their own individual understanding of the integrative endeavour and its application to practice. We have always supported the idea that there is no one integrative paradigm or school of integrative practice. This edition of the journal once again exemplifies the differences and the richness that exist in the field of integrative practice. We welcome contributions from related fields and diverse practice contexts and this is again reflected in the following articles. We appreciate how all the authors have enriched their scholarly theoretical conversations with personal and clinical material.

In the first article Richard Newbury brings right in to the forefront of our attention material that can easily remain hidden and unspoken. He lucidly explores and shares his research into the history of sexual fantasies within the world of psychotherapy. His reflections on the various clinical understandings and uses of sexual fantasies invite the reader to consider seriously this area of human experience. He conveys well the contentious nature of some of the viewpoints whilst holding these with respect to all.

Sue Wright's submission comes in two parts, the first is a thorough and accessible exploration of hope and despair particularly for traumatised people with rich reference to literature in the field. She offers a way of thinking about the hopelessness that therapists may be caught up in and act out in the face of the presented hopelessness and despair of their clients. She combines well an experience-near style of

conveying her reflections and bringing her theoretical discussion to life in this way. The second part represents the theory in action in an expanded case vignette that illustrates well the complexities and the paradox of working with these dynamics. Overall Sue makes a case for grounded mature hope in the context of this challenging work.

Charles Pickles addresses the dynamic tension between the subjectivity of the therapist as person and the objectivity of impartial scientific enquiry and the possible place for both positions in any clinical enquiry. In these heady days of this kind of debate Charles maintains an even-handed attitude and appreciation of the values of both ways of learning about the therapeutic process and therapeutic effectiveness. He offers the clinician a way of holding both polarities in the service of their work.

As is our practice, we have included the theoretical section of Stuart Baker's clinical dissertation that forms part of his Doctorate in Integrative Counselling Psychology and Psychotherapy at the Metanoia Institute.

We also include one book review.

### **Peer Review**

Articles for this issue of the journal have been peer reviewed using a formal peer review structure that we have drawn up from our experience as co-editors and we will be continuing with this process in future issues. We have a list of peer reviewers who have agreed to