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## **Narrative Therapy and Integration**

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## **The British Journal Of Psychotherapy Integration: Narrative Therapy And Integration**

### **Introduction**

The British Journal of Psychotherapy Integration is the official journal of the United Kingdom Association for Psychotherapy Integration. It is published twice a year.

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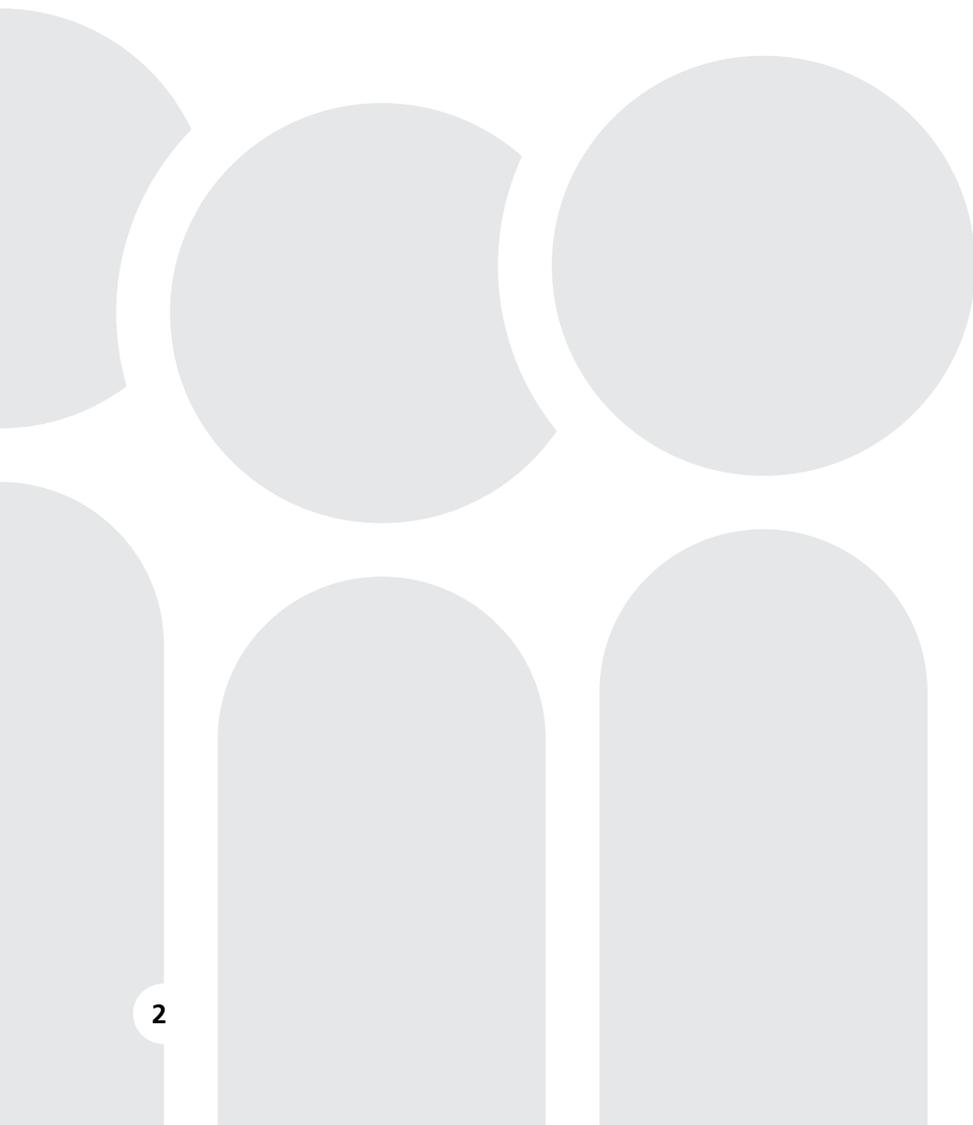
Future volumes of this journal will be on theme issues based in an integrative perspective. Two members of the editorial board will act as co-editors with the support of the two consulting editors. If you are interested in a particular theme, please contact the consulting editors and discuss your interest with them.

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*Editorial*

## Two Tall Tales Of The This 'Narrative' Issue Or 'A Tale Of Two Editors'

“Once upon a time in a small cottage on the edge of the forest of Ealing there lived a tall elegant witch who was known throughout the land for her infectious cackle and her excellent collection of herbal and magical teas. Many witches and wizards came to consult with her about their lives and their work and she would sit with them in her sunny consulting rooms where they would sip their teas and tell tales and then fly off home feeling altogether differently about things.

In virtually the same moment in time (although, of course, moments in time and space, like snow flakes, are never exactly the same) another slightly younger and much less well-turned-out witch was living and working over in the south west of the same country. This witch worked in a tall tower where there were many magnificent gargoyles and ghosts to consult about her work and where there was also much work to do. She was constantly busy whirling about the world searching out new and exotic spells and potions.

This whirling witch of the west (as she was sometimes described) would also occasionally arrive at the cottage in Ealing to talk about her adventures to her wiser (and sometimes calmer) colleague. Like many others, she was often quite exhausted when she arrived but a good gossip and a nice hot cup of rosehip and raven's claw soon perked her up and she was always very pleased to meet with her tall, wise friend.

They got on very well together, these two witches, and despite appearances (the one being tall and slim and elegant and the other being

short and tubby and rather untidy) they were rather similar. They were neither of them an exact 'fit' for the land they'd settled in. They both came from tribes of origin elsewhere and this gave them a bit of a different take on things, a bit of an 'edge' even. Equally, they were both very good at thinking up scams and wheezes to sustain witches and wizards on-the-go as well as those in training (mid-flight consultations by cloud pattern, for instance). They both liked writing and they both liked discovering ways to encourage colleagues to gather together and to write down and exchange their ideas. One day they were sitting in the mid-morning Ealing sunlight, catching up with each other's latest endeavours, when the taller of the two witches started to describe a new undertaking that was to comprise both a writing and a gathering place at one and the same time. Both witches got very enthusiastic about these ideas and the witch of the west agreed to help with the new journal in any way that she could. Not long after this exchange she was sitting in her tower in the west looking through her inbox when she came across a particularly fluffy cloud formation from Ealing asking her whether she would like to help gather together a special group of stories that had not yet been told. Indeed she would, she thought, very much so”. And that's one version of how this special issue came about. There are several more, perhaps you have one of your own?