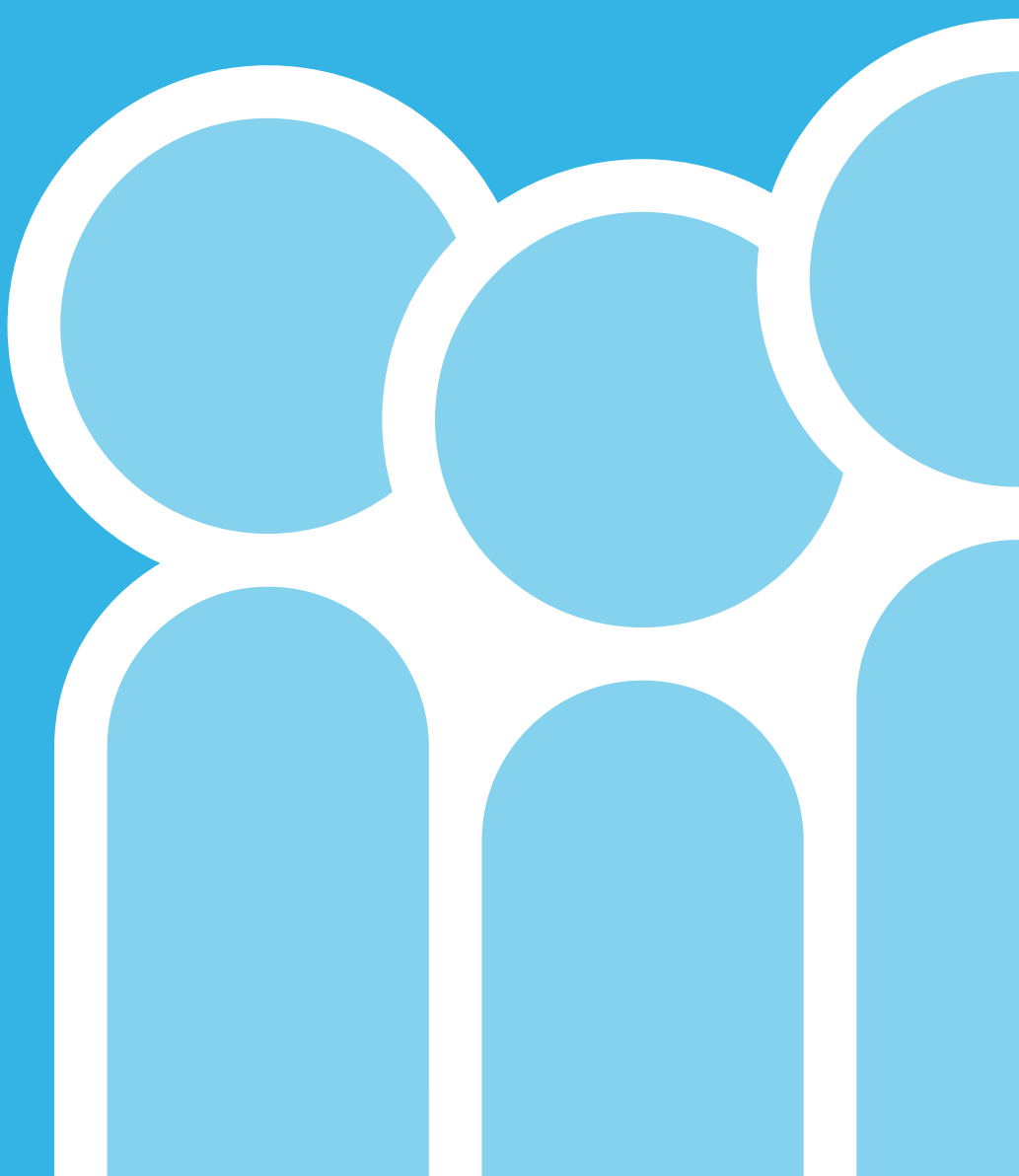


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## Re-claiming the Transpersonal in the Psychotherapeutic Endeavour

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## **The British Journal Of Psychotherapy Integration**

### **Introduction**

The British Journal of Psychotherapy Integration is the official journal of the United Kingdom Association for Psychotherapy Integration. It is published twice a year.

### **Contacting Us**

Please address all correspondence to:

Consulting Editors  
PO Box 2512  
Ealing  
London W5 2QG

Alternatively you can email us at:  
[journal@ukapi.com](mailto:journal@ukapi.com)

For general information regarding UKAPI please visit our web site:  
[www.ukapi.com](http://www.ukapi.com)

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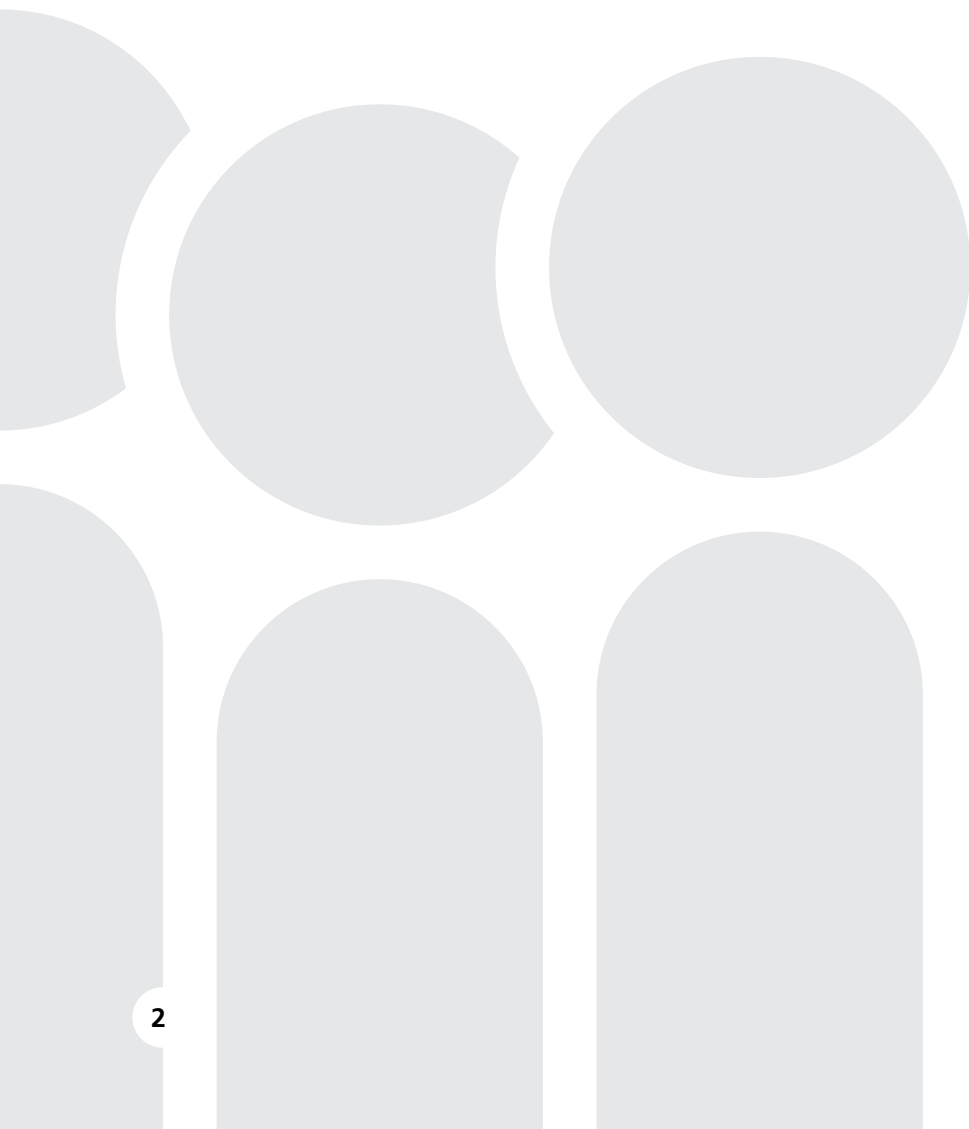
Future volumes of this journal will be on theme issues based in an integrative perspective. Two members of the editorial board will act as co-editors with the support of the two consulting editors. If you are interested in submitting please visit our web site ([www.ukapi.com/journal/](http://www.ukapi.com/journal/)) and download a copy of the submission guidelines.

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*Editorial*

## Re-claiming The Transpersonal In The Psychotherapeutic Endeavour

We welcome readers to this special edition of the UKAPI Journal devoted to the Transpersonal. In addition to enjoying the wide range of articles presented we hope that readers will be stimulated and challenged anew to re-consider the place of the transpersonal in the practice of Integrative Psychotherapy.

In keeping with an integrative perspective the articles represent a broad spectrum of theoretical reflection and clinical application. For some of our writers the context of their own faith is revealed in a poignant and moving way.

### Contents Of This Issue

Chrissie Wood addresses the problems some psychotherapists have had with the notion of spirituality from Freud onwards. She challenges psychotherapists to reflect on spiritual matters, suggesting a bridge between the different world views of thousands of years of spirituality on the one hand and modernity on the other, leading to a dialogue between them.

Steven Smith explores the nature of the transpersonal as 'subjective knowing' and goes on to examine this theme from a neurobiological perspective. He urges integrative psychotherapists to consider both pathology and health as they appear in the transpersonal realm.

John Rowan provides an overview of the transpersonal in Humanistic Psychotherapy,

using Ken Wilber as his reference point. He makes some useful distinctions, among them the difference between New Age and Humanistic views on the transpersonal.

In contrast Carolla Mathers, a Jungian analyst and Buddhist, examines the nature of the transpersonal in the context of the Buddhist tradition. She explores, amongst other things, the interface between Buddhist and psychotherapeutic views on suffering.

Christine Shearman, an integrative psychotherapist with many years experience of Jungian psychology, asks the challenging question: How may Jungian ideas about the transpersonal be integrated into the practice of humanistic-integrative psychotherapy given that we are not analysts?

Lynette Harborne, who sees herself as an unorthodox Christian, provides particularly clear descriptions of the definitions of the interrelated concepts of faith, spirituality and the transpersonal. Her particular challenge is to ask "Is God the ultimate Self-Object?"

Nigel's article is a welcome contribution addressing issues of the transpersonal in a multi cultural society. He reports on the multi-faith initiative within the NHS and the research project which led to it, the special interest group of The Royal College of Psychiatry, and numerous conferences and workshops. He also addresses the debate and dialogue between the

medical model of care, and an emphasis on the spiritual care necessary to include all faiths.

Finally we include another contribution by a graduate student, Ita Courtney, who describes her own framework for integrative practice. This is followed by two book reviews.

**Christine Shearman** and **Steven Smith**, are the guest editors of this issue.