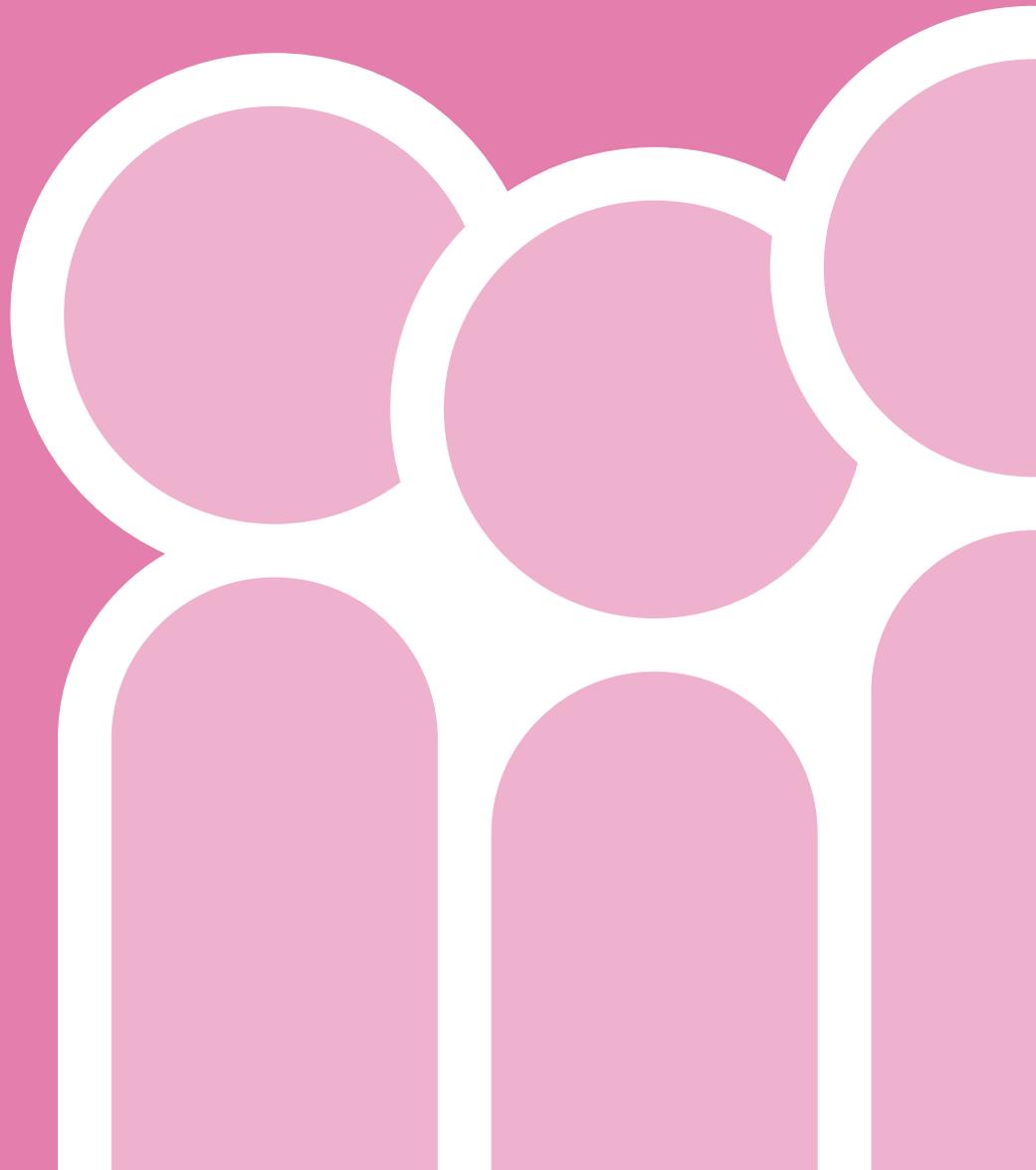


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Integrative Perspectives on Clinical Practice

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The British Journal Of Psychotherapy Integration

Introduction

The British Journal of Psychotherapy Integration is the official journal of the United Kingdom Association for Psychotherapy Integration. It is published twice a year.

Contacting Us

Please address all correspondence to:

Consulting Editors
PO Box 2512
Ealing
London W5 2QG

Alternatively you can email us at:
journal@ukapi.com

For general information regarding UKAPI please visit our web site:
www.ukapi.com

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Submissions

Some future volumes of this journal will be on theme issues based in an integrative perspective. Two members of the editorial board will act as co-editors with the support of the two consulting editors. If you are interested in submitting please visit our web site (www.ukapi.com/journal/) and download a copy of the submission guidelines.

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Editorial

Integrative Perspectives On Clinical Practice

In this edition of the journal all the contributions are primarily practice-based where each contributor's integrative framework is implicit in their reflections. As in previous editions of this journal this collection of articles illustrates for us the broad-based tenet of psychotherapy integration: that there is no one and only integrative approach and that each practitioner is working within their own dynamic blend of theories and practice. We welcome the diversity of integrative practices represented here and each practitioner's individual embodiment of the personal and the professional.

Contents Of This Issue

Sharon Cornford discusses complex bereavement in terms of self object needs and the loss of the primary source of self object relating. Sharon reminds us of the psychic impact of losing a core relationship that has served this function in our lives, to the exclusion of other resources and attachments. She brings to life the desperate disintegration that such a primary loss has on the survivors' lives, their functioning and their sense of self. She reminds us of the particular nature of the grief work in these situations.

Asaf Rolef Ben-Shahar provides an in-depth exploration of the relevance of what he describes as relational hypnosis as a contemporary relational psychotherapy. In this way he reclaims a serious place for the therapeutic use of trance and touch within psychotherapy

making an informed plea for its restoration into mainstream psychotherapeutic practice.

Herbert Hahn provides a delightfully personal exploration of social dreaming in many different practice settings. He conveys a sense of the spontaneous emergence of collective dreaming and illustrates how a group can learn about unconscious processes by taking a shared interest in their own and others' dreams. His account of his background in South Africa under the apartheid regime adds a poignancy to his later accounts of using Social Dreaming Matrices to provide a healing space in South Africa after liberation.

Phillipa Smethurst explores in a very accessible way and from an experience-near perspective, the phenomenon of secondary traumatic stress as it manifests in front line health professionals. She provides a differentiation between burn-out and secondary traumatic stress with helpful tables for the guidance of the practitioner and some helpful 'tips' for maintaining emotional balance.

Julianne Appel-Opper explores a living body perspective on psychotherapeutic process through the candid exploration of an encounter between what she describes as "two living bodies" communicating at the non-verbal level. She provides a case example drawn from work in a group and indicates the powerful therapeutic effect of one person's work facilitating personal and professional learning in a group context.

As is our tradition we have included an example of a student's theoretical discussion of her integrative framework taken from her final dissertation for an MSc in Integrative Psychotherapy.

We have also included one book review.

Maria Gilbert and Katherine Murphy.

Consulting editors and co-editors of this issue.