



Patti Wallace

Understanding and Working with Suicide

26th February 2005, 10am to 4.30pm

Senate House, Malet Street, London WC1E 7HU

Suicide is arguably one of the most challenging issues in clinical practice and yet therapists often receive little training in this area. This workshop attempts to redress this imbalance by presenting an integrative approach to suicide which is both practical and grounded in theory and research. Whilst relevant legal and ethical frameworks will be discussed as the context in which therapy occurs, the emphasis of this approach will be on understanding and working from an empathic position with someone who is suicidal.

Training methods will include a mixture of presentation of ideas/information, experiential exercises and live work. Patti will provide clinical material for the live work, but participants will be invited to 'become' one of their suicidal clients as a way of gaining more insight into the process if they wish. This workshop will build upon Patti's much appreciated contribution to the UKAPI 2004 conference.

Patti Wallace (MSc, UKCP, BACP) has over 25 years experience of clinical practice, supervision, service management and training in the field of mental health and psychological therapy in Canada, East Africa and Britain. She is Principal Lecturer in the School of Psychology and Therapeutic Studies at Roehampton University. She has a particular interest in developing therapeutic approaches that address the needs of diverse populations and she is currently writing a book for on this subject. She has a longstanding clinical expertise in the fields of suicide and self-harm.