

Volume 9, Issue 2 (2012)

Integrative Practice in Different Contexts

ISSN 1759-0000



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The British Journal of Psychotherapy Integration

Introduction

The British Journal of Psychotherapy Integration is the official journal of the United Kingdom Association for Psychotherapy Integration. It is published twice a year.

ISSN 1759-0000

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Submissions and the Editorial Process

Articles for this journal are subject to an anonymous peer review by two members of the editorial board. If you are interested in joining the board, please contact us by email or call Maria Gilbert on 020 8997 6062. If you are interested in submitting please visit our web site (www.ukapi.com/journal/) and download a copy of the submission guidelines.

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Contents of this Issue

Editorial	
Integrative Practice in Different Contexts	5
Rachel W. Nkumanda	
Conflict in the Supervisory Relationship	7
Linda Finlay	
An Existential-Phenomenological Approach to Integrative Psychotherapy	17
Albert Zandvoort	
Living and Laughing in the Shadow of Death: Complicated Grief, Trauma and Resilience	33
Albert Zandvoort & Michelle Zandvoort	
Trauma and the Use of Co-operative Inquiry to Develop a 'Survivor Mission'	45
João Pereira	
Integrative Attempts: A Relational Model of Psychotherapy Integration	56



Editorial

Integrative Practice in Different Contexts

Over the years the journal has focused on integrative approaches to clinical practice. Integrative approaches are not just the province of clinical practice, however, and this edition of the journal includes integrative practice across a range of activities related to therapeutic activity. We have always encouraged and supported diverse integrative approaches and their applications in the acceptance of the articles. We welcome contributions from related to fields where people are engaged with the integrative project.

We appreciate the personal commitment combined with professional critique that was embedded in each piece truly reflecting that the personal is the professional. Rachel Nkumanda's paper explores the often-unspoken subject of anxiety and conflict in the supervisory relationship. She draws on her extensive experience as both supervisee and supervisor to illustrate the complexities of this necessary relationship and to point us to ways in which to reflect upon ruptures in the supervisory alliance. We appreciated her thorough investigation into this shadow side of supervision and psychotherapy. Linda Finlay has written a very accessible article exploring key ideas underpinning existential phenomenological practice in general, illustrating these concepts in practice in a comprehensive case study. The case study really brings her approach to psychotherapy and her reflections on her work alive for the reader.

Albert Zandvoort gives a clear overview of the intersection of trauma and grief with particular reference to the similar impact of

trauma and complicated grief. This article embodies a rich integration of personal experience and relevant literary quotations and examples. We appreciated his drawing on theoretical literature on trauma and grief, as well as looking to the poets and playwrights. This article prefigures the following article by Albert and his daughter, Michelle, in relation to their work together. Their joint article demonstrates their particular use of co-operative enquiry to facilitate a transformative experience of trauma and complex grief. We appreciate this very personal account in which they maintain an exquisite tension between self-disclosure and self-reflexivity.

As is our practice we have included the theoretical section of João Pereira's clinical dissertation that forms part of his Doctorate in Integrative Counselling Psychology and Psychotherapy at the Metanoia Institute.

Peer Review

Articles for this issue of the journal have been peer reviewed using a formal peer review structure that we have drawn up from our experience as co-editors and we will be continuing with this process in future issues. We have a list of peer reviewers who have agreed to undertake this task and we would be interested in hearing from other psychotherapists who might be interested in joining this group.

We will continue having themed editions with a guest editor and then issues more generally on themes of integration. We again invite readers

to contribute articles and we will also continue to invite contributions on particular themes.

Maria Gilbert and Katherine Murphy,
Co-editors of this issue.