



United Kingdom Association for Psychotherapy Integration

Workshop

**Trans, Non-binary and Gender Questioning People and  
Psychotherapy**

Presented by **Amanda Middleton**



**Saturday 20 October 2018**

London's National Council for Voluntary Organisations N1 9RL

On Saturday 20 October 2018 at London's NCVO, Amanda Middleton will offer a workshop.

This one-day workshop is an interactive opportunity to explore and learn how you might better work alongside trans, non-binary and gender questioning people, their partners and families. We will explore the discourses and systems that surround and support trans people, their families and communities and ourselves in therapeutic work. We will understand how and which psychological theories can support our reflexive processes and practice. The day will also provide the opportunity to get better at having conversations about gender and its intersections in the lives of the people we offer therapeutic space to.

### **Learning outcomes:**

- Understand the relationship between sex, gender and sexual orientation
- Feel more confident in understanding how gender is constructed, what language is current for understanding gender and how the Law affects the lives of trans people.
- Learn a range of ideas, tools and theories to enable better conversations about gender and gender diversity in therapeutic practice
- Be able to identify good practice in relation to working alongside and supporting transgender and gender diverse clients
- Feel more confident to engage in conversations about gender and gender diversity and support trans, non-binary, gender questioning people, their partners and families.

**Amanda Middleton** is a Systemic and Family Psychotherapist, with a particular interest in diverse genders and sexualities. A Clinical Associate at The Pink Practice where she works therapeutically with families, couples and individuals who identify as LGBTQI and beyond. She is also an Associate at Pink Therapy offering training that combines gender, sexual and relationship diversity with clinical sexology and queer theory.

Amanda has a commitment to and expertise in working with gender, sexuality, marginalisation and difference. Initially qualifying as a Psychologist in Australia, she has 20 years of experience in the gender and sexuality, dual diagnosis, HIV and sexual health, drug and alcohol use, and domestic violence sectors. She is passionate about systemic theory, anti-oppressive practice and developing the tools we need to work from an intersectional perspective in therapy.

For further information and how to book please visit [www.ukapi.com](http://www.ukapi.com)

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